

THIS DRUG COCKTAIL REDUCED SIGNS OF AGE-RELATED DISEASES AND EXTENDED LIFE IN MICE AND HUMAN CELLS

"Group led by Mayo Clinic anti-aging researcher James Kirkland not only offers a clear look at the power of senescent cells to drive the aging process, but also a pharmaceutical cocktail that, in mice at least, can slow and even reverse it.

Compared to mice who aged normally, those who started getting the dasatinib-quercetin cocktail at an age equivalent to 75 to 90 years in humans ended up living roughly 36% longer, and with better physical function.

In human cells in a test tube and in mice bearing human senescent cells, the dasatinib-quercetin cocktail showed equally promising results, targeting senescent cells while leaving other cells intact.

Aging...is beginning to look more and more like a disease — and a treatable one at that.

This is not a place for self-experimentation," Kirkland said. "Until safety trials are completed, he added, "we don't know what's going to happen."

We Don't Have Time to Wait... dasatinib plus quercetin has been tested in humans

Los Angeles Times - June 10, 2018

SENOLYTIC DOSE SCHEDULE

One quercetin + dasatinib dose once a week for two weeks only (two total doses)

QUERCETIN

25 mg per kilogram of body weight is approximately:

100 pounds = 1,125 mg
165 pounds = 1,875 mg
220 pounds = 2,500 mg
275 pounds = 3,000 mg
330 pounds = 3,750 mg

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DASATINIB

2.5 mg per kilogram of body weight is approximately:

100 pounds = 112 mg
165 pounds = 187 mg
220 pounds = 250 mg
275 pounds = 305 mg
330 pounds = 375 mg

Take first dose of quercetin/dasatinib (preferably on empty stomach) then repeat same dose one week later.
(May repeat this protocol in 6-12 months, or sooner as your doctor may direct.)

Possible side effects include: Mild flu symptoms, diarrhea, headache, fatigue for 12-24 hours.

Caveat: Take in presence of qualified medical doctor in case of severe allergic reaction. Do not engage in strenuous exercise during, or for one week after, the treatment period.

HOW TO OBTAIN DASATINIB

Four tablets cost **\$2,200** in United States.

Provides two doses (160 mg each dose) to be taken one week apart for only two consecutive weeks.

Lower Cost Alternative:

Compounding pharmacies could offer dasatinib for around \$200.
(Doctor's prescription needed in either case.)

For physician listing and compounding pharmacy sources: RescueElders.org

DRUGS EXTEND HEALTHY LIFESPAN IN MICE

"Researchers identified a novel class of (senolytic) drug that delays several age-related symptoms in mice. The results demonstrate the ability of compounds with potential to extend healthy life."

National Health Institute - September 12, 2017